

Eat Well + Move



Name or ID

Date

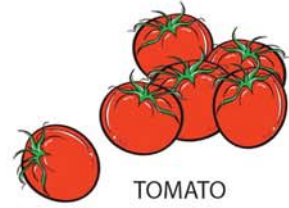
1. Circle kids being active.



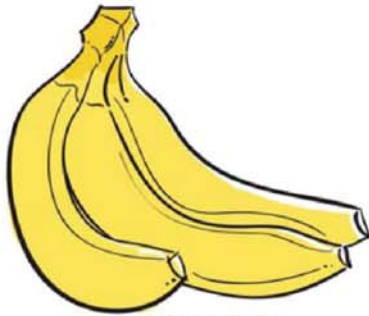
2. Circle healthy snacks.



FRENCH FRIES



TOMATO



BANANAS



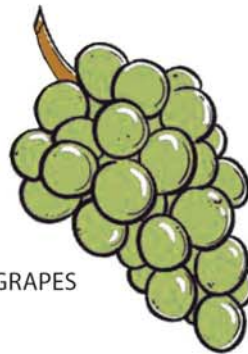
YOGURT

4

3. Circle vegetables.



BROCCOLI



GRAPES



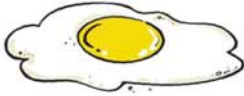
APPLE



GREEN BEANS

4

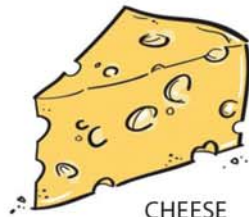
4. Circle dairy foods.



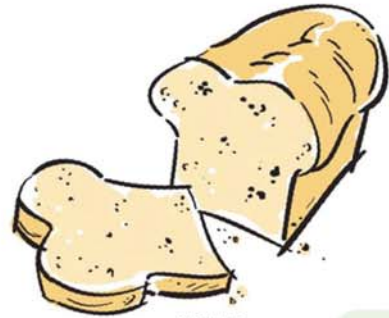
EGG



MILK



CHEESE



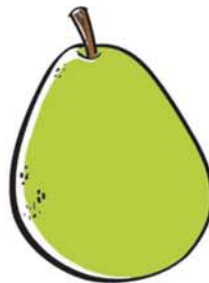
BREAD

4

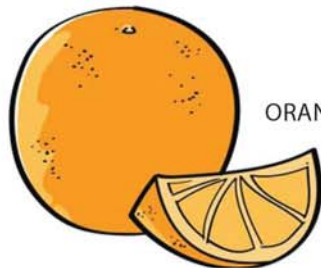
5. Circle fruits.



STRAWBERRIES



PEAR



ORANGE



CARROTS

4

6. Circle kids who should wash their hands before eating.



4

For Staff

This tool is for students in kindergarten, 1st or 2nd grade.

Curriculum

Grade

School

Teacher